



Clinical Nurse Specialist Association of Ontario
 Association des infirmières et infirmiers
 cliniciens spécialisés de l'Ontario

Volume 2016. No 1

February-March 2016

Newsletter

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Special points of interest:

- 2 types of CNS Awards;
- **AGM (Ontario):**
 - ✓ Saturday, May 7th, 2016;
 - ✓ Hilton, downtown Toronto at 07:30 AM.,
- **NACNS Conference:**
 - ✓ March 3-5, 2016 Philadelphia, Pennsylvania, USA.

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Message from the CNS President of Ontario

President's Comments: Great News across Canada.

Representatives from various provinces worked hard at developing the By-laws and documents leading to the creation of the national association for CNS of Canada during 2015. We met in Ottawa last November and drafted the documents.

In January 2016, we were successful in securing the name, both in French and in English, and filing the documents leading to the official incorporation with Industry Canada.

In Ontario, we provided not only financial support but also, we were instrumental in facilitating this process.

A few week ago, we had the election of the executive and the directors of the national Board. Paul -André Gauthier became treasurer (on the executive) and Elisabeth Jensen representative for the Ontario region (on the board).

More work needs to be done and we are going to issue more details about the national association in

the next few weeks.

Clinical Nurse Specialist Association of Canada (CNS-C) - Association des infirmières et infirmiers cliniciens spécialisés du Canada (ICS-C) are the official names and abbreviations to be used.

In this newsletter, you will find the EN or FR Communiqué that were issued in early January regarding the new association in both official languages.

As you are aware, Ontario has the greatest number of CNS and our association is leading with our work—since we began in 1977 as indicated on our website:

“The Clinical Nurse Specialist Interest Group was formed in 1977.

It became an official interest group of RNAO on September 13, 1979.

On April 28, 2012, we became the Clinical Nurse Specialist Association of Ontario.

The CNS-ON has a full executive and will continue to represent the CNS of Ontario. We are joining forces, e.g. to influence

the development and the promotion of the work of clinical nurse specialists across the country, to promote the Canadian Competencies (July 2014), to promote the use of these competencies in the graduate nursing programs, to promote title protection with all provinces and territories.

The CNS of Ontario will be invited to join the CNS-C once the process is been activated.

We will be looking also for your feedback; please consult our website and our facebook for more information.

More information will come later about our national association. Stay tune.

Facebook: Ontario

<https://www.facebook.com/Clinical-Nurse-Specialists-Association-of-Ontario-Canada-113210988761198/?ref=ts&fref=ts>

Website: Ontario

<http://cns-ontario.rnao.ca/>

Facebook: CNS of Canada

<https://www.facebook.com/cnscanada/>

Sincerely,

Paul-André Gauthier

New Director of Communications

In October 2015, I commenced my new position with the CNS-ON executive team as the Director of Communications. I feel privileged to continue serving with the group after been the Student Representative for the past 2 years. Throughout the upcoming term, I will be working alongside the executive team to keep you informed about new developments and the progress that has been made on topics that are of interest to the CNS-ON.

We look forward to hearing from members like you. This might include submitting a piece for publication in the newsletter, highlighting opportunities (e.g. professional development) that might be of interest to the CNS-ON community and general questions or comments. Sharing your perspective and experience is important in helping to steer the future to the CNS profession.

Kadeen Briscoe RN, BScN, MScN.
Director of Communications.

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As the editor :

I invite all members of the CNS Association of Ontario to send us notes, articles, pictures of interest for the next newsletter.

We are quite interested in your everyday practice, send us a **short article** to let your colleagues know what you are doing in your practice.

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Conference-NACNS

(National Association of
Clinical Nurse Specialist - USA):
March 3-5, 2016 Philadelphia (PA, USA)

Program: <http://nacns.org/html/conf-2016.php>

<http://nacns.org/html/conf-2016.php>

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NACNS Journal

Clinical Nurse Specialist: A Journal For Advanced Nursing Practice. www.cns-journal.com

Subscription is included with NACNS Membership! [join Now](#) .

Day at Queen's Park

Thursday, February 25th, 2016.

Our representatives will attend and meet MPPs and Ministers and to discuss issues related to nursing, health care and CNS.

We will have an opportunity to comment on RN prescription as members of the Clinical Nurse Specialist Association of Ontario.

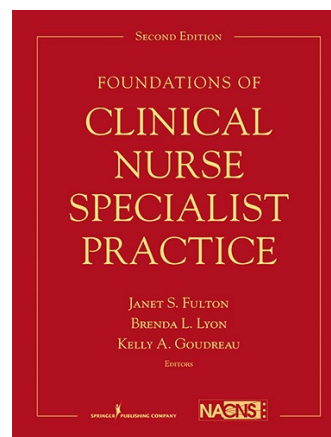
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FYI

Fulton, J. S., Lyon, B. L., & Goudreau, K. A. (2014). Foundations of clinical nurse specialist practice (2nd edition). New York, NY: Springer.

Please order and read.... most interesting examples with 42 chapters about CNS !

<http://www.springerpub.com/foundations-of-clinical-nurse-specialist-practice-second-edition.html>



Website up-dated:

<http://cns-ontario.rnao.ca/>

If you have any suggestions, send them to :

pgauthier@rnao.ca

Facebook:

<https://www.facebook.com/pages/Clinical-Nurse-Specialists-Association-of-Ontario-Canada/113210988761198?fref=ts>

CNS Annual General Meeting 2016



RNAO

Registered Nurses' Association of Ontario
L'Association des infirmières et infirmiers
autorisés de l'Ontario

Clinical Nurse Specialist Association of Ontario
Association des infirmières et infirmiers cliniciens
spécialisés de l'Ontario

Saturday, May 7th, 2016

7:30 to 11:00 AM

Hilton Toronto (downtown)

Come and join us for breakfast.

7:30 –breakfast (meet at entrance of hotel)
(free for members only)

pre-registration with us is required;

8:30 –business Meeting (assigned room)

9:45 –presentation (free) : topic (TBD)

CNS Association of Ontario 2015-2017 Executive members



Picture (from left to right) :

- ✓ **Carmen Rodrigue**, Director of Education and Membership.
- ✓ **Elisabeth Jensen**, Past-President.
- ✓ **Carole Caron**, MAL.
- ✓ **Paul-André Gauthier**, President & Director of Finance.

Also:

- Kadeen Briscoe**, Director of Communication,
- Rashmy Lobo**, Director of Policy, and
- Victoria Smye**, MAL.

If you need to be in touch with us:

- ✓ pgauthier@rnao.ca
- ✓ ejensen@rnao.ca
- ✓ crodrigue@rnao.ca

Breaking New Ground for Canada's Clinical Nurse Specialists

In June 2014, Pan-Canadian Core Competencies for the Clinical Nurse Specialist (CNS) was launched at the Canadian Nurses Association (CNA) biennial meeting, setting the foundation upon which academia could formally build a unified CNS curriculum. This publication would empower CNSs, as recognized advanced practice nurses, to move toward a designated protected title, similar to our nurse practitioner colleagues. In collaboration with and support from CNA, a group of CNS volunteers formed a steering committee in the spring of 2015 to develop an association that will provide a cohesive national strategy to support these goals.

On November 5 and 6, 2015, CNA brought together CNS representatives from across Canada to help build and formalize the structure for a new sustainable, not-for-profit organization that will represent CNSs nationally.

Background: Historically, the CNS role has been interpreted by employers, educators and nurses in a variety of ways. Yet this variation also hindered the understanding and value of who the CNS is and what the CNS does. It was to address this lack of clarity, in fact, that CNA facilitated the development of the pan-Canadian core competencies for the CNS. After its publication in 2014, the challenge then arose as to how to infuse these competencies into all health authorities, educational programs and health-care environments to ensure a common understanding and recognition of CNSs' value.

Work to date: After two days of discussion and a sharing of its goals and vision, the CNS steering committee chose a name and finalized the mission for this emerging national CNS association.

Mission: The national CNS association provides a leadership platform through which Canadian CNSs influence cost-effective health-care system change to support safe, quality care and superior outcomes.

Vision: The CNS is an essential component of a sustainable health-care system. The vision was developed with the goal that Canadians will understand the importance of the CNS in the improvement of safety and health outcomes.

Governance: To prepare for the establishment of this new not-for-profit organization, the steering committee learned about the Canada Not-for-Profit Corporations Act and the articles of incorporation necessary to ensure that legal and financial implications are within the general framework required by law. As part of this conversation, the committee established membership criteria and drafted the organization's bylaws and constitution.

In January 2016: The CNS steering committee is working on securing the name of the association, investigating a location for a central office, developing a draft budget, developing an operational policy and establishing financial safeguards, including establishing bank accounts. Upcoming activities include submitting a grant application to CNA for start-up funds and an application to CNA's Canadian Network of Nursing Specialties to be considered an emerging group. In order to adequately represent the vast country and territories, we are planning to establish regional representation on the board. The regions will be aligned as follows: Atlantic Region, Quebec, Ontario, Manitoba/Saskatchewan/Nunavut, Alberta/N.W.T., and B.C./Yukon. Additionally, a communication strategy that includes the creation of a website and various social media channels are future goals.

How can you help? Please distribute this information to all your CNS networks. Then watch for updates in Canadian Nurse and from your representatives. We will also be looking for income sources to support this association. If you have ideas, connections or experience that will help launch the association, please share with your CNS provincial representative(s). The collective experience and knowledge of Canadian CNSs will make this association vibrant and successful. We need to partner with educators, employers and established CNS groups. –please plan to **become a member once** our new association is launched.

CNS-C / ICS-C

[http://cns-ontario.rnao.ca/sites/cnsig/files/
Communication_CNS-C_Jan-2016-EN.pdf](http://cns-ontario.rnao.ca/sites/cnsig/files/Communication_CNS-C_Jan-2016-EN.pdf)

Une première pour les infirmières et infirmiers cliniciens spécialisés du Canada

En juin 2014, les Compétences nationales de base de l'infirmière clinicienne spécialisée (ICS) ont été lancées au congrès biennal de l'Association des infirmières et infirmiers du Canada (AIIC), établissant les fondements sur lesquels le corps professoral pouvait officiellement établir un programme d'enseignement unifié pour les ICS. Cette publication donnerait le pouvoir aux ICS, à titre d'infirmières et infirmiers en pratique avancée reconnus, à obtenir une désignation protégée, semblable à nos collègues infirmières et infirmiers praticiens. En collaboration avec l'AIIC et avec son soutien, un groupe d'ICS bénévoles ont constitué un comité directeur au printemps 2015 pour fonder une association qui offrira une stratégie nationale solide pour soutenir ces objectifs.

Les 5 et 6 novembre 2015, l'AIIC a rassemblé des représentants du groupe des ICS de tout le Canada pour les aider à créer et à formaliser la structure d'une organisation durable et sans but lucratif qui représentera les ICS sur le plan national.

Contexte : Dans le passé, les employeurs, les enseignants et le personnel infirmier ont interprété le rôle des ICS de diverses façons. Toutefois, ces variations entravent la compréhension et la valeur du rôle et des responsabilités des ICS. C'est en fait pour aborder ce manque de clarté que l'AIIC a facilité l'élaboration des compétences de base de l'infirmière clinicienne spécialisée. Le défi qui a découlé à la suite de cette publication en 2014 était de savoir comment faire adopter ces compétences par tous les programmes pédagogiques, les milieux de soins de santé et les autorités sanitaires, pour veiller à assurer une compréhension et une reconnaissance communes de la valeur des ICS.

Travail à ce jour : Après deux jours de discussion et de partage des objectifs et de la vision, le comité directeur a choisi un nom et a mis la dernière main à la mission pour cette association nationale naissante des ICS.

Mission : Offrir une plateforme de leadership au moyen de laquelle les ICS canadiennes peuvent orienter les changements rentables au système de soins de santé afin d'appuyer des soins sûrs et de qualité et d'obtenir des résultats supérieurs.

Vision : Les ICS sont une composante essentielle d'un système de soins de santé viable. La vision a été élaborée avec l'objectif que les Canadiens comprendraient l'importance des ICS dans l'amélioration de la sécurité et des résultats cliniques.

Gouvernance : Afin de se préparer pour l'établissement de cette nouvelle organisation sans but lucratif, le comité directeur a examiné la Loi canadienne sur les organisations à but non lucratif et les statuts constitutifs nécessaires pour veiller à ce que les répercussions juridiques et financières demeurent dans le cadre général établi par la loi. Dans le cadre de cette conversation, le comité a établi les critères d'adhésion et a rédigé l'ébauche des statuts et de la constitution de l'organisation.

En janvier 2016 : Le nouveau comité directeur travaille à choisir le nom de l'association, à trouver un endroit pour le bureau central, à élaborer l'ébauche du budget, à rédiger une politique opérationnelle et à établir les garanties financières, y compris l'ouverture de comptes bancaires. Les prochaines étapes pour le groupe sont de faire une demande de subvention auprès de l'AIIC pour obtenir des fonds de démarrage et de se faire reconnaître comme groupe émergent au sein du Réseau canadien des spécialités en soins infirmiers de l'AIIC. Afin de représenter adéquatement notre vaste pays, nous avons prévu l'établissement d'une représentation régionale au conseil d'administration comme suit : région de l'Atlantique, Québec, Ontario, Manitoba/Saskatchewan/ Nunavut, Alberta / T.-N.-O., et C.-B./ Yukon. Par ailleurs, une stratégie de communication, dont la création d'un site Web et divers réseaux de médias sociaux, fait partie des futurs objectifs.

Comment être utile? Veuillez distribuer ces renseignements à tous vos réseaux d'ICS. Nous aimerions créer une vague d'intérêt. Surveillez les mises à jour dans la revue infirmière canadienne et venant de vos représentants. Nous examinerons également les sources de revenu pour appuyer cette association. Si vous avez des idées, des contacts ou l'expérience qui aideraient au lancement de l'association, veuillez en faire part à votre (vos) représentant(s) provinciaux des ICS. L'expérience et les connaissances collectives des ICS canadiennes rendront cette association dynamique et productive. Nous devons faire équipe avec des enseignants, des employeurs et des groupes d'ICS établis.

Songez à devenir membre dès le lancement de cette nouvelle association.

CNS-C / ICS-C

http://cns-ontario.rnao.ca/sites/cnsig/files/Communication_ICS-C_Jan-2016-FR.pdf

CNS of the Year Award 2016

The 11th annual **CNS of the Year Award** will be presented during CNS Association of Ontario's Annual General Meeting (AGM) on Saturday, May 7th, 2016. Please review the criteria and submit a completed application with corresponding rationale for those individuals who you feel should be considered.

Purpose:

To provincially recognize a member of the CNS Association of Ontario for outstanding professional achievement as a Clinical Nurse Specialist in the domains of advanced nursing practice. The award acknowledges a nurse who demonstrates CNS competencies and exemplary practice in client care, nursing and health care delivery systems. Current board members of the CNS Association of Ontario are not eligible for nomination. The board members may not be involved in nomination processes.

Eligibility Criteria:

1. The candidate must be nominated by a Registered Nurse.
2. The candidate has a current Ontario certificate of competence and currently resides in Ontario.
3. The candidate must have current membership in CNS Association of Ontario for one year or longer.
4. The candidate must have **at least 2 years of experience as a Clinical Nurse Specialist**.
5. The candidate must serve as a role model to nursing colleagues by :
 - a. Maintaining an outstanding level of skill and knowledge in their specialty area.
 - b. Utilizing or demonstrating CNS competencies in the five domains of advanced nursing practice.
 - c. Demonstrating quality client outcomes as a result of his/her practice.
 - d. Supporting nurses in the delivery of client care or the advancement of nursing practice.
 - e. Promoting change or collaboration at the system level to improve or impact client care.
6. The candidate actively promotes the role of the CNS.

Award:

A one year complimentary membership to CNS Association of Ontario, a certificate, non-transferable complimentary registration to CNS Association of Ontario's AGM May 2016 and a key chain—CNS. The award will be presented at the CNS Association of Ontario's Breakfast Annual General Meeting, held in conjunction with the RNAO AGM. Recipient will be encouraged to attend the meeting. A picture of the award winner will be taken at the AGM and profiled in an upcoming CNS Association of Ontario's newsletter.

Selection:

Applications received by the deadline will undergo review by the selection committee. All of the candidate's information including supporting documentation must be received no later than **Friday, April 15th, 2016 at 1500 hours (3:00pm)**. This deadline will be strictly adhered to in the selection process. The nominators of the successful candidate will be notified prior to notification of the winning candidate. The recipient will then be notified by the President of the CNS Association of Ontario.

Instructions:

1. The candidate should provide information supporting the nomination relating to the specific criteria for the award.
2. All submissions must be submitted individually by the nominators. If submitting electronically, documents must be in Microsoft Word format.
3. The candidate's name should **not** appear anywhere in the body of the material submitted. The candidate's name should appear only on a separate cover page.
4. Two letters of recommendation must be submitted. Both nomination letters must be submitted by Registered Nurses. The candidate's name should not appear in the letter of recommendation. Please refer to the nominee as "the candidate." Each of the criteria must be addressed in the letters with an example. Submission from other individuals may also be included. All information will remain strictly confidential and will not be returned.
5. Selection is made based only on the information submitted.
6. Submit a separate statement of 300 words or less describing the candidate (excerpts will be read when presenting the award at the Annual General Meeting).

CNS - **Form** to be completed (**CNS for the Year Award 2016**) :

Candidate's name: _____

Information on the Nominator:

Submitted by : _____

Address of the nominator :

Credentials : _____

Job title : _____

Tel. (day) : _____

Preferred e-mail address :

Information on the candidate:

Home address of the candidate :

Candidate's name : _____

Credentials : _____

Job title : _____

Tel. (day) : _____

Preferred e-mail address :

Work address of the candidate :

Send the nomination to:

**Clinical Nurse Specialist
Association of Ontario**

E-mail:

2004 Regent St., Suite 206
Sudbury, Ontario. P3E 6A7

pgauthier@rnao.ca

CNS Student Award 2016

* An opportunity for Graduate Nursing Students *

The CNS Association of Ontario is recognizing a graduate nursing student for each School or Faculty of Nursing who is currently pursuing studies in the CNS stream at the Master of Nursing or PhD level.

To the Director/ Dean of School of Nursing:

- ✓ Please inform the professors in charge of the CNS stream program about this award.

Criteria for the award:

Only nursing professors and / or CNS will be eligible to submit nominations.

Letter of reference demonstrating excellence in theory & in a clinical nursing specialty.

- The letter should also include the following information: name, title, address, e-mail and telephone number of the faculty member nominating the student candidate, as well as the candidate's information. The student needs to be currently residing in Ontario.
- The letter should be supported and signed by 2 professors or CNS who know the CNS student well.

Student Award:

A certificate recognizing the student achievement, a free membership with the CNS Association of Ontario for one year and a key chain-CNS.

Deadline date for submission:

Friday, April 15rd, 2016 at 1500 hours (3:00pm)

Send the nomination to:

**Clinical Nurse Specialist
Association of Ontario**

2004 Regent St., Suite 206
Sudbury, Ontario. P3E 6A7

E-mail:

pgauthier@rno.ca

Your support in the future of Clinical Nurse Specialists is appreciated.